



NOVEMBER 2024

President's Column

It's Time to Renew!

All dues received after September 1st are good through 2025. We ask that when you renew, or bring in a new member, you use the Membership Application on our website or click on the "Join Now" button visible at the lower right-hand corner of every page on our website. If you renew by mail, please send a completed application along with your dues when you renew, as it makes Linda's job a lot easier. Send your application to Linda Taylor, 10 Maddox Avenue, Milford, CT 06460.

We Need More Event Leaders

We can really use many more Ride, Walk and Hike Leaders. If you would like to try your hand at being an event leader, please contact me and I'll set you up to be a co-leader for one of our events.

Car Pooling (With Masks)

Now that the winter events season is upon us, I'd like to remind everyone to email other members in your geographic area if you're planning on attending an event and try carpooling. Please wear your mask during this season as our winter events are more socially oriented and viruses spread rapidly.

We're Searching For a New Vice President

Starting January, Mike Cohen, who has long been our vice president, will replace me as president of our club. We are therefore looking for a member to join the Board and replace Mike as vice president. Please contact me if you are interested in this position.

Attention Event Leaders

Event leaders are encouraged to get their events in ahead of the deadline, both to facilitate planning by members, and also to minimize the number of last-minute email announcements. Please send your events to submissions@ctcycle.org as early as possible and no later than the Tuesday before the last Sunday of the month. This gives our volunteer staff enough time to put the newsletter and calendar together without a last-minute scramble.

Recent Developments in Bicycle Technology

1. Are you looking for a Christmas gift for a friend or loved one who cycles? Look no further than the Wirecutter's list of gifts at <https://www.nytimes.com/wirecutter/gifts/best-gifts-for-cyclists/>.

2. Have you ever replaced a bent derailleur hanger? It appears that each bicycle manufacturer has its own design, unusable on other firms' bicycles. Now SRAM is trying to standardize derailleur standards with its Universal Derailleur Hanger (UDH) standard that made its debut with its new XPLR AXS groupset (<https://www.bikeradar.com/reviews/components/groupsets/gravel-groupset/sram-red-xplr-axs-review>).

In essence, UDH isn't a new derailleur hanger – it's just a round hole in the drive-side dropout that promises improved robustness, simpler replacement and more accurate and reliable shifting. You can read up on it at <https://www.bikeradar.com/features/opinion/warren-rossiter-we-need-to-kill-the-derailleur-hanger-and-embrace-udh> and <https://velomotion.net/2024/08/this-is-how-the-universal-derailleur-hanger-works-on-the-gravel-bike/>.

3. Perhaps you need a new rear derailleur and cassette along with your new derailleur hanger? If so, you can get all the information you need to help guide your choice at <https://www.bikeradar.com/advice/buyers-guides/a-complete-guide-to-rear-derailleurs>.

Sincerely,

Michael Pelliccio

President

Please Extend A Warm Welcome To Our Newest Members:

David Burke

George Disesa

Joe Marganski

Important Reminders

- Helmets are required for all rides. Tail lights and rear view mirrors are strongly recommended.
- Ride safely and visibly! <https://www.watchformect.org/> is dedicated to increasing awareness of pedestrian and bicyclist safety issues.
- Please do not call our ride leaders after 9:00 PM, unless specifically noted.
- Please check the web calendar for the most current event list. Event changes and other updates to events after the newsletter is published will be reflected only on the web calendar.
- It is strongly recommended that event leaders provide a cell phone number when submitting an event, and that participants provide a cell number at event sign-in, just in case a ride leader or participant gets lost getting to the meeting point, or if issues arise during an event.
- *And last, but not least – Have Fun!*

THIS MONTH'S EVENTS

SUNDAY, NOVEMBER 3, 2024

GUILFORD COASTAL EXPLORER

- TIME: Meet at 10:00 A.M, Start at 10:15 A.M.
- LOCATION: Guilford
- RIDE DESCRIPTION: Explore the many hidden corners of Guilford's craggy coastline, including Island Bay, Sachems Head Harbor, Indian Cove, Chaffinch Island and Guilford Point with their frequent water views. The suggested lunch stop occurs late in the ride at Guilford Green. Cue sheet: http://ctbikeroutes.org/rides/pdf_route/rs-new129.pdf Ride with GPS: ridewithgps.com/routes/32737808
- START LOCATION: Calvin Leete School, 280 South Union Street, Guilford. I-95 Exit 59 (Goose Lane); right on Goose Lane, cross Rt. 1 at light to stop sign; right on Rt. 146 for ~3/4 mile; left on South Union Street (sign for K of C on corner) for ~ 1/4 mile. School is on the left; ample parking on weekends; tight to non-existent parking when school is in session. Use Exit 59 CPL if the school parking lot is unavailable. Ride your bike using these directions from the CPL, so you can start the ride at the school.
- RIDE DISTANCE/TYPE: 25.8 miles; So, Fl/Rl; 12-13 mph
- HELMETS REQUIRED
- TAIL LIGHTS AND REARVIEW MIRROR STRONGLY RECOMMENDED
- INCLEMENT WEATHER AND/OR DANGEROUS ROAD CONDITIONS CANCELS
- LEADER: Mark Ammann. Email: markammann451@hotmail.com. Cell: 203.218.2797, before 9:00 P.M.

SUNDAY, NOVEMBER 10, 2024

HISTORIC ESSEX VILLAGE WALK

- TIME: Meet at 10:00 A.M, Start at 10:15 A.M.
- LOCATION: Essex
- WALK DESCRIPTION: Essex is a beautiful village with historic homes and great views of the Connecticut River. It's a great place for a morning walk.
- START LOCATION: Meet behind the Post Office in the center of Essex (GPS address is 12 Main Street, Essex). Parking should be available on the street and there is limited parking at 2 lots – one is behind the Post Office. The walk will leave promptly at 10:15 A.M.

- FORECASTS OF RAIN, SNOW, EXTREME COLD AND/OR UNSAFE WALKING CONDITIONS CANCEL. Contact leader by 9:00 A.M. day of the event if the weather is questionable.
- LEADER: Wayne S. Chapman. Email: chapm@comcast.net. Home: 860.342.0576. Cell: 860.690.1991

SATURDAY, NOVEMBER 16, 2024

PETER'S ROCK HIKE

- TIME: Meet at 9:45 A.M, Start at 10:00 A.M.
- LOCATION: North Haven
- HIKE DESCRIPTION: A ~3 mile hike of the renewed trail system. We will visit the community gardens and bee hives and lookout lower vista along the way. Optional lunch at Guillio's Apizza.
- START LOCATION: GPS address is 133 Middletown Avenue, North Haven. Take Exit 8 on I-91, take a left and bear left to the next traffic light, take a left. On Middletown Avenue, head north 5 traffic lights and stay straight and take a quick right past intersection just before "First Fuel" gas station into parking lot. For info and maps, visit www.petersrockassociation.org.
- RAIN, SNOW OR ICE CANCELS
- LEADER: Sal DeFrancesco. Email: k1rgo@hotmail.com. Home: 203.467.3590, before 9:00 P.M. Cell on ride: 203.214.9242.

SUNDAY, NOVEMBER 17, 2024

MIDDLETOWN RIVER WALK AND WESLEYAN UNIVERSITY

- TIME: Meet at 10:45 A.M., Start at 11:00 A.M.
- LOCATION: Middletown
- WALK DESCRIPTION: This will be a 4-5 mile walk along the Connecticut River and through the town.
- START LOCATION: Meet at Melilli Plaza parking lot off Washington Avenue towards Rt. 9 by the pavilion.
- LEADER: Marge Pelliccio. Marjorie.george@snet.net. Home: 203.272.3316, Cell: 203.606.4128.

SATURDAY, NOVEMBER 23, 2024

STONY CREEK WALK & HIKE

- TIME: Meet at 10:00 A.M, Start at 10:15 A.M.
- LOCATION: Branford
- WALK DESCRIPTION: Bring your sweetie on this 4-5 mile moderate paced walk that will explore the streets and trails of Stony Creek with excellent water views, including the Thimble Islands. Midway, we switch from village to woods as we hike along the trails of the Stony Creek Partnership, Washburn Preserve and Well Property. Then we transition back to shoreline views as we walk back through town. How much of the woods we hike depends on the depth of snow cover and the challenge it poses. Since we will be walking along the street for much of this, leave the snowshoes at home. Map: http://scrcog.org/wp-content/uploads/trails/branford/alt/RecTrails_BT4_Alt_6-2-16.pdf
- START LOCATION: Meet at the gravel parking lot by the field near 2 West Point Road, Branford. I-95 North, Exit 56, then right on Leetes Island Road for 2 miles. Just south of the railroad tracks, turn right on West Point Road and go straight on the dirt road, following the Trolley Trail sign about 0.1 miles to the parking lot by the field with the water view.
- RAIN, FALLING SNOW OR SLIPPERY CONDITIONS CANCELS.
- LEADER: Mark and Linda. Home: 203.876.8133 before 9:00 P.M.

SUNDAY, NOVEMBER 24, 2024

OLD SAYBROOK WALKING TOUR

- TIME: Meet at 10:45 A.M, Start at 11:00 A.M.
- LOCATION: Old Saybrook
- WALK DESCRIPTION: This will be a 4.5-mile walk to the center of the shoreline town of Old Saybrook.
- START LOCATION: Meet at the public parking lot at Saybrook Point, Old Saybrook. Take I-95 to Exit 67, follow Rt. 1 South to Rt. 154 West and signs to Saybrook Point.
- LEADER: Marge Pelliccio. Marjorie.george@snet.net. Home: 203.272.3316, Cell: 203.606.4128.

ADVANCE NOTICE EVENT

SUNDAY, DECEMBER 1, 2024

POST-THANKSGIVING WALK AT HAMMONASSET BEACH STATE PARK

- TIME: Meet at 10:00 A.M, Start at 10:15 A.M.
- LOCATION: Madison
- WALK DESCRIPTION: An SCCC event for many years -- End your holiday weekend with a brisk morning walk on the beach, boardwalk and walking trails to Meigs Point and beyond.
- START LOCATION: Meet at the Campground visitor parking lot (this parking lot is just to the right of the entrance booths on the main road at Hammonasset). The walk will leave promptly at 10:15 A.M.
- FORECASTS OF RAIN, SNOW, EXTREME COLD AND/OR UNSAFE WALKING CONDITIONS CANCEL. Contact leader by 9:00 A.M. day of the event if the weather is questionable.
- LEADER: Wayne S. Chapman. Email: chapm@comcast.net. Home: 860.342.0576. Cell: 860.690.1991.

IMPORTANT INFORMATION

SAFETY HELMETS: SCCC POSITION – PLEASE READ AND HEED

The Southern Connecticut Cycle Club believes that all cyclists should wear safety helmets. Helmets should be ANSI and/or Snell approved, fitted and worn in accordance with manufacturer's instructions, and worn at all times while riding. While the SCCC is not an authority on bicycle safety or safety equipment, the club believes there is reasonable evidence to show that the proper wearing of safety helmets is in the best interest of all cyclists.

Club policy is that helmets are required on all club rides. Helmets *must* be worn in order to participate in any club ride. Tail lights and rear view mirrors are strongly recommended.

- ◆ Riders are responsible for choosing rides that are appropriate for their level of skill and equipment.
- ◆ The RIDE RATING SYSTEM provides a detailed description of speeds, distances and terrains.
- ◆ Newcomers are encouraged to call the leader to discuss their capabilities prior to any ride. Riders are responsible for their own repairs. It is suggested that bikes be in good repair, and that the equipment needed to fix a flat and tools needed to make minor adjustments be carried at all times.
- ◆ Riders are urged to carry sufficient water for their needs, as refills are not always available.

RIDE RATING SYSTEM

CATEGORY:

Le Leisurely, (beginner/novice group ride)

So Social (fun group ride)

Rc Recreational (still fun, but aimed at the serious cyclist with experience)

Tr Training (hard work to improve cycling skills for advanced riders)

TERRAIN:

Mt Mountainous Rl Rolling

Hl Hilly Fl Flat

RIDE ORGANIZATION:

Sw ... Swept (leader stays with slower riders)

Rg Regrouping (leader stops and waits at points during the ride)

Cue .. Cue sheet available

Map.. Mapped (riders are expected to follow maps or cue sheets)

MISCELLANEOUS:

CPL.. Commuter Parking Lot

Show & Go.. No cue sheet is provided – stay with the leader.

Submissions: *Submit all events and notices to submissions@ctcycle.org.*

Mailing address: SCCC • P.O. Box 51 • New Haven, CT 06501-0051

Primary contact: Martha Hogan, (860) 575-9903, events@ctcycle.org

An up-to date calendar can be found in the Member's area at <https://www.ctcycle.org>. Any changes submitted after the newsletter has been published will be reflected on the website.

Discounts for Members

Please note that sale items are not included

ACTION SPORTS

1385 Boston Post Rd
Old Saybrook, CT
10% off clothing and accessories

CLASS CYCLES LLC

77 Main Street North, Southbury
10% off accessories, clothing and parts

CHAPMAN'S ORANGE BICYCLE

284 Post Rd., Orange
10% off parts, clothing & bikes

COLLEGE STREET CYCLES

252 College St., New Haven
10% off on Bikes, 15% off accessories

DANIELLO'S AMITY BICYCLES

14 Selden Street, Woodbridge
10% off accessories, clothing and parts

THE DEVIL'S GEAR BIKE SHOP

151 Orange St., New Haven
10% off accessories and clothing

TONY'S BIKES & SPORTS

108 Broad St., Milford
10% off parts & accessories

TOTAL FITNESS

575 Boston Post Rd, Orange
Up to 10% off everything

ZANE'S CYCLES

330 E. Main St., Branford
15% off accessories, clothing, and parts not used in shop repairs

CLUB OFFICERS & PERSONNEL

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