

2022 Summer Breeze Ride For Autism – 50 mi Ride w detours



Route Description Welcome to the Summer Breeze Ride for Autism – Emergency no.: 203-314-5710

We hope you have a great time. **ALL** the proceeds from this event go to the SARAH Foundation and its efforts in support of people with intellectual challenges and their families here in Connecticut. The ride is run by the Southern Connecticut Cycle Club (www.ctcycle.org)

Route Description

We have done our best to make your ride enjoyable and safe. It covers a variety of terrain, including both wooded, rural roads through the rolling hills of Middlesex County, and the flatter, more urban environment of coastal Connecticut. The route is, for the most part, either shaded or cooled by a sea breeze. There are some significant climbs to challenge you along the way, but nothing that an experienced rider would consider a “killer” hill. The hills are mostly in mid-ride. The ride starts with a gentle warm-up and finishes with a stretch of mostly flat or downhill terrain.

Road Safety & Courtesy

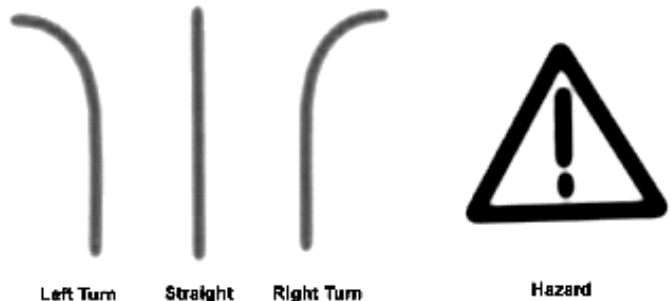
- Please ride single file whenever there is a vehicle in the area. Call out “Car Back” to warn other riders of a vehicle approaching from behind.
- Watch out for all traffic, parked cars and pedestrians & obey all traffic signs and signals
- Look out for sand and other road hazards.
- Let other riders know **BEFORE** you pass, slow down or stop.
- Please be courteous; we are using the roads with the permission of many towns in Connecticut; we would like to be able to use them again next year.

Rest Stops

- There are five rest stops on your route. **NOTE:** Open and closing times are listed on the Cue Sheet.
- The rest stops are marked with a red “R” on the roads and are also marked on your Cue Sheet.
- Optional unmanned rest stops with toilet facilities are marked with the symbol “----” on the Cue Sheet.

Road Markings

- The road markings for your route are **RED**.
- Hazards marks are **YELLOW**. Please watch for them.
- Markings are 2 to 3 feet long.
- Each turn will have one or more warning marks before the turn, a mark at the turn, and straight confirming mark after the turn
- Straight confirming marks are also placed at intervals of about 1 mile along the route.



We will be sending out a brief survey to find out what we did right and how we could do better. Please answer it.

Ride safely, and have a good ride. We hope to see you again next year!

2022 Summer Breeze Century Ride For Autism – 50 Mile Route (w Detours)

Telephone Numbers

Knights of Columbus Start **203-314-5710**

Middlesex Hospital Emergency (Middletown): **860-358-8000**
North on CT-17 (Main St), right turn to 28 Crescent St.

Middlesex Hospital Shoreline Med Ctr (Essex): **860-358-3700**
CT-9 Exit 3 or I-95 Exit 65 to 260 Westbrook Rd (CT-153)

Yale-New Haven Shoreline Med Ctr (Guilford): **203-453-7123**
I-95 Exit 59 to 111 Goose Ln

Cue Sheet Legend

L or R	Turn Left or Right (an approx. right angle turn)
BL or BR	Bear Left or Right (a less than right angle turn)
HL or HR	Hard Left or Right (a more than right angle turn)
S	Straight (continue on current roadway)
@SS	Turn "at Stop Sign".
@TL	Turn "at Traffic Light".
@T	Turn "at end" of road you are on.

TURN DIST	TURN	(at) ONTO
c	Start	S Union St
0.0	ST	S Union St
0.3	R	SR 146 (Boston St)
1.1	BL	US 1 (Boston Post Rd)
2.2	L	Wildwood Ave
2.6	BR	Green Hill Rd
3.8	L	Copse Rd
4.1	BR	Warpas Rd
6.0	R	SR 79 (Durham Rd)
6.1	L	Chestnut Hill Rd
6.4	Stop	Stop
6.4	ST	Chestnut Hill Rd
6.4	BL	Summer Hill Rd
12.6	L	County Rd
13.7	BR	SR 79 (Durham Rd)
15.6	R	SR 148 (Killingworth-durham Rd Pea Hill Rd)
18.0	L	Little City Rd
20.1	ST	Sima Rd
20.8	L	Little City Rd
22.2	Stop	Little City Rd
22.2	ST	Little City Rd
22.3	ST	Foot Hills Rd
22.3	R	Candlewood Hill Rd
25.5	BR	SR 154 (Saybrook Rd)
26.5	BR	Walkley Hill Rd
28.0	R	Russell Rd
28.3	L	Timms Hill Rd

TURN DIST	TURN	(at) ONTO
28.3	BR	Hayden Hill Rd
29.2	BR	Jail Hill Rd
29.2	R	Beaver Meadow Rd
30.1	BR	Hubbard Rd
32.0	L	SR 81 (Killingworth Rd)
33.2	L	Woods Rd
33.6	R	Beaver Meadow Rd
34.3	L	Parker Hill Rd
34.4	Stop	(2-2)Beaver Meadow
34.4	ST	Parker Hill Rd
34.7	BL	Old County Rd
34.9	R	Parker Hill Rd S
35.4	ST	Parker Hill Rd
36.8	BL	N Roast Meat Hill Rd
37.8	ST	Roast Meat Hill Rd
40.8	R	Stevens Rd
41.4	BL	Madison Tpke (Green Hill Rd)
41.9	BL	Chittenden Rd
42.4	L	Cow Hill Rd
45.1	BR	Airline Rd
45.6	BL	Old Nod Rd
46.7	R	Nod Rd
47.6	L	River Rd
47.7	R	Scotland Rd
48.1	L	Acorn Rd
48.7	L	Hull Rd
49.1	R	Laurel Crest Rd
49.3	R	Signal Hill Rd
49.5	ST	Liberty St
49.9	L	Waterbury Ave
50.1	R	Seaview Ave
50.5	ST	Middle Beach Rd
51.4	ST	Island Ave
52.0	ST	Meeting House Ln
52.1	R	Copse Rd
52.4	BL	Fort Path Rd
53.4	L	Johnson Ln
53.7	R	Mungertown Rd
54.0	L	Nortontown Rd
54.4	L	Green Hill Rd
54.8	BL	Wildwood Ave
55.2	R	US 1 (Boston Post Rd)
56.3	BL	SR 146 (Boston St)

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TURN DIST	TURN	(at) ONTO
57.1	L	S Union St
57.4	L	Finish