

# 2022 Summer Breeze Ride For Autism – 62 mi Ride w detours



## **Route Description Welcome to the Summer Breeze Ride for Autism – Emergency no.: 203-314-5710**

We hope you have a great time. **ALL** the proceeds from this event go to the SARAH Foundation and its efforts in support of people with intellectual challenges and their families here in Connecticut. The ride is run by the Southern Connecticut Cycle Club ([www.ctcycle.org](http://www.ctcycle.org))

## **Route Description**

We have done our best to make your ride enjoyable and safe. It covers a variety of terrain, including both wooded, rural roads through the rolling hills of Middlesex County, and the flatter, more urban environment of coastal Connecticut. The route is, for the most part, either shaded or cooled by a sea breeze. There are some significant climbs to challenge you along the way, but nothing that an experienced rider would consider a “killer” hill. The hills are mostly in mid-ride. The ride starts with a gentle warm-up and finishes with a stretch of mostly flat or downhill terrain.

## **Road Safety & Courtesy**

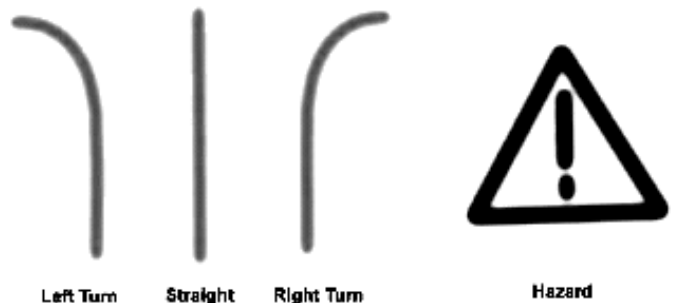
- Please ride single file whenever there is a vehicle in the area. Call out “Car Back” to warn other riders of a vehicle approaching from behind.
- Watch out for all traffic, parked cars and pedestrians & obey all traffic signs and signals
- Look out for sand and other road hazards.
- Let other riders know **BEFORE** you pass, slow down or stop.
- Please be courteous; we are using the roads with the permission of many towns in Connecticut; we would like to be able to use them again next year.

## **Rest Stops**

- There are five rest stops on your route. **NOTE:** Open and closing times are listed on the Cue Sheet.
- The rest stops are marked with a red “R” on the roads and are also marked on your Cue Sheet.
- Optional unmanned rest stops with toilet facilities are marked with the symbol “----” on the Cue Sheet.

## **Road Markings**

- The road markings for your route are **RED**.
- Hazards marks are **YELLOW**. Please watch for them.
- Markings are 2 to 3 feet long.
- Each turn will have one or more warning marks before the turn, a mark at the turn, and straight confirming mark after the turn
- Straight confirming marks are also placed at intervals of about 1 mile along the route.



We will be sending out a brief survey to find out what we did right and how we could do better. Please answer it.

**Ride safely, and have a good ride. We hope to see you again next year!**

# Summer Breeze Century Ride For Autism – 62 Mile Route

## Telephone Numbers

Knights of Columbus Start **203-314-5710**

Middlesex Hospital Emergency (Middletown): **860-358-8000**  
North on CT-17 (Main St), right turn to 28 Crescent St.

Middlesex Hospital Shoreline Med Ctr (Essex): **860-358-3700**  
CT-9 Exit 3 or I-95 Exit 65 to 260 Westbrook Rd (CT-153)

Yale-New Haven Shoreline Med Ctr (Guilford): **203-453-7123**  
I-95 Exit 59 to 111 Goose Ln

## Cue Sheet Legend

<b>L or R</b>	Turn Left or Right (an approx. right angle turn)
<b>BL or BR</b>	Bear Left or Right (a less than right angle turn)
<b>HL or HR</b>	Hard Left or Right (a more than right angle turn)
<b>S</b>	Straight (continue on current roadway)
<b>@SS</b>	Turn "at Stop Sign".
<b>@TL</b>	Turn "at Traffic Light".
<b>@T</b>	Turn "at end" of road you are on.

<b>TURN DIST</b>	<b>TURN</b>	<b>(at) ONTO</b>
0.0	Start	Start
0.0	ST	S Union St
0.4	R	Stone House Ln
0.9	L	Old Whitfield St
1.0	R	<unnamed>
1.1	L	Whitfield St
1.5	R	Seaside Ave
1.9	R	Rock Point Ln
2.0	L	Seaside Ave
2.4	L	Whitfield St (Old Whitfield St New Whitfield St)
3.3	L	SR 146 (Water St)
3.6	R	River St
4.2	L	US 1 (Boston Post Rd)
4.4	BR	Long Hill Rd
6.1	R	Flat Meadow Rd
6.6	L	SR 77 (Durham Rd)
6.8	R	Stepstone Hill Rd
7.5	ST	N Madison Rd
9.3	ST	Bradley Corners Rd
9.3	R	Podunk Rd
10.7	L	Orcutt Dr
11.1	BL	Squaw Ln
11.2	ST	Blinnshed Rd
11.3	BL	Quail Run
12.0	R	Bartlett Dr
12.9	R	Woodsvale Rd
13.2	R	Opening Hill Rd

<b>TURN DIST</b>	<b>TURN</b>	<b>(at) ONTO</b>
13.5	BL	Overbrook Rd
14.1	BR	Colonial Rd
14.7	L	Warpas Rd
15.0	R	SR 79 (Durham Rd)
15.1	L	Chestnut Hill Rd
15.4	Stop	Summer Hill Rd Rest Stop
15.4	ST	Chestnut Hill Rd
15.4	BL	Summer Hill Rd
21.7	L	County Rd
22.7	BR	SR 79 (Durham Rd)
24.7	R	SR 148 (Killingworth-durham Rd Pea Hill Rd)
27.0	L	Little City Rd
29.1	ST	Sima Rd
29.8	L	Little City Rd
31.2	Stop	Little City Rd
31.2	ST	Little City Rd
31.3	ST	Foot Hills Rd
31.3	R	Candlewood Hill Rd
34.6	BR	SR 154 (Saybrook Rd)
35.5	BR	Walkley Hill Rd
37.0	R	Russell Rd
37.4	L	Timms Hill Rd
37.4	BR	Hayden Hill Rd
38.2	BR	Jail Hill Rd
38.3	R	Beaver Meadow Rd
39.1	BR	Hubbard Rd
41.1	L	SR 81 (Killingworth Rd)
43.1	BL	Beaver Meadow Rd (Parker Hill Rd)
43.2	BR	Parker Hill Rd
43.2	Stop	Beaver Meadow
43.2	ST	Parker Hill Rd
43.6	BL	Old County Rd
43.7	R	Parker Hill Rd S
44.3	ST	Parker Hill Rd
45.6	BL	N Roast Meat Hill Rd
46.6	ST	Roast Meat Hill Rd
48.9	Stop	Roast Meat Hill Rd
48.9	ST	Roast Meat Hill Rd
49.6	R	Stevens Rd
50.3	BL	Madison Tpke (Green Hill Rd)
50.8	BL	Chittenden Rd
51.2	L	Cow Hill Rd

## Summer Breeze Century Ride For Autism – 62 Mile Route

<b>TURN DIST</b>	<b>TURN</b>	<b>(at) ONTO</b>
53.9	BR	Airline Rd
54.4	L	Airline Rd
54.4	BL	Old Nod Rd
55.5	R	Nod Rd
56.4	L	River Rd
56.6	R	Scotland Rd
57.0	L	Acorn Rd
57.6	L	Hull Rd
58.0	R	Laurel Crest Rd
58.2	R	Signal Hill Rd
58.4	ST	Liberty St
58.8	L	Waterbury Ave
59.0	R	Seaview Ave
59.4	ST	Middle Beach Rd
60.3	ST	Island Ave
60.9	ST	Meeting House Ln
61.1	R	Copse Rd
61.3	BL	Fort Path Rd
62.3	L	Johnson Ln
62.6	R	Mungertown Rd
62.9	L	Nortontown Rd
63.3	L	Green Hill Rd
63.7	BL	Wildwood Ave
64.1	R	US 1 (Boston Post Rd)
65.2	BL	SR 146 (Boston St)
66.0	L	S Union St
66.3	L	Finish